

I never thought that I would be returning to school for a graduate degree, but I know that in order to go further in my career I needed to pursue a master's degree. I considered the Marriage and Family Therapy Program because I am very interested in helping people with their concerns. I was worried that after not attending school for over 5 years that I was not going to be able to keep up with everyone, but I thought I would give it a try. Once I started the program everything was laid out in an organized manner and it was easier to get back into the "school life".

The program faculty and staff were very generous in helping with all questions and they were welcoming when I was accepted into the program. Throughout the whole program the faculty and staff were very helpful and always willing to work with me. When meeting the other members of my cohort, I was not sure what to think except that we were a small group. After spending the past year and a half with my cohort they grew to be like family members and people whose friendships I will value forever. It was a challenging process to go through the program, but it made it easier to have your cohort by your side.

The work load for the program could be difficult at times, but it made me learn how to set boundaries for my school work, my internship and my actual job. With my job I had to make a few sacrifices to cut back my hours and make more time for my internship, but it was worth it in the end. I do not think if I had been in a different master's program that setting the boundaries would have been easy. I have always enjoyed working with families so it was easy to make those changes to get to where I wanted to be.

I would not change my experience for anything. I feel that the entire program was a great experience. If you are interested in working with families and couples this is the program for you and the faculty are willing to teach you the best ways to work with these families and couples.