The Sanford School offers majors and curriculum that will provide our students with a wide variety of career-transferable skills that will serve as a solid foundation for seeking careers in many fields. Furthermore, our major maps include many elective credits to give students an opportunity to take classes, both inside and outside of our school, that will inform career choices. The following is a list of course suggestions for students interested in:

- FAS 301 Introduction to Parenting
- FAS 332 Human Sexuality
- CDE/SOC 312 Adolescence
- SOC 264 Gender and Society
- CDE 337 Early Childhood Intervention
- CDE 450 Child Dysfunction in the Family
- CDE/SOC 418 Aging and the Life Course
- FAS/SOC 435 Advanced Marriage and Family Relationships
- FAS 440 Fundamentals of Marriage and Family Therapy
- SOC 315 Courtship and Marriage
- SOC 340 The Sociology of Deviance
- FAS/SOC 484 Internship
- WST 100 Women, Gender and Society
- SWU 171 Introduction to Social Work
- PSY 101 Introduction to Psychology
- COM 100 Introduction to Human Communication
- COM 225 Public Speaking
- COM 230 Small Group Communication