

Empathy Bingo



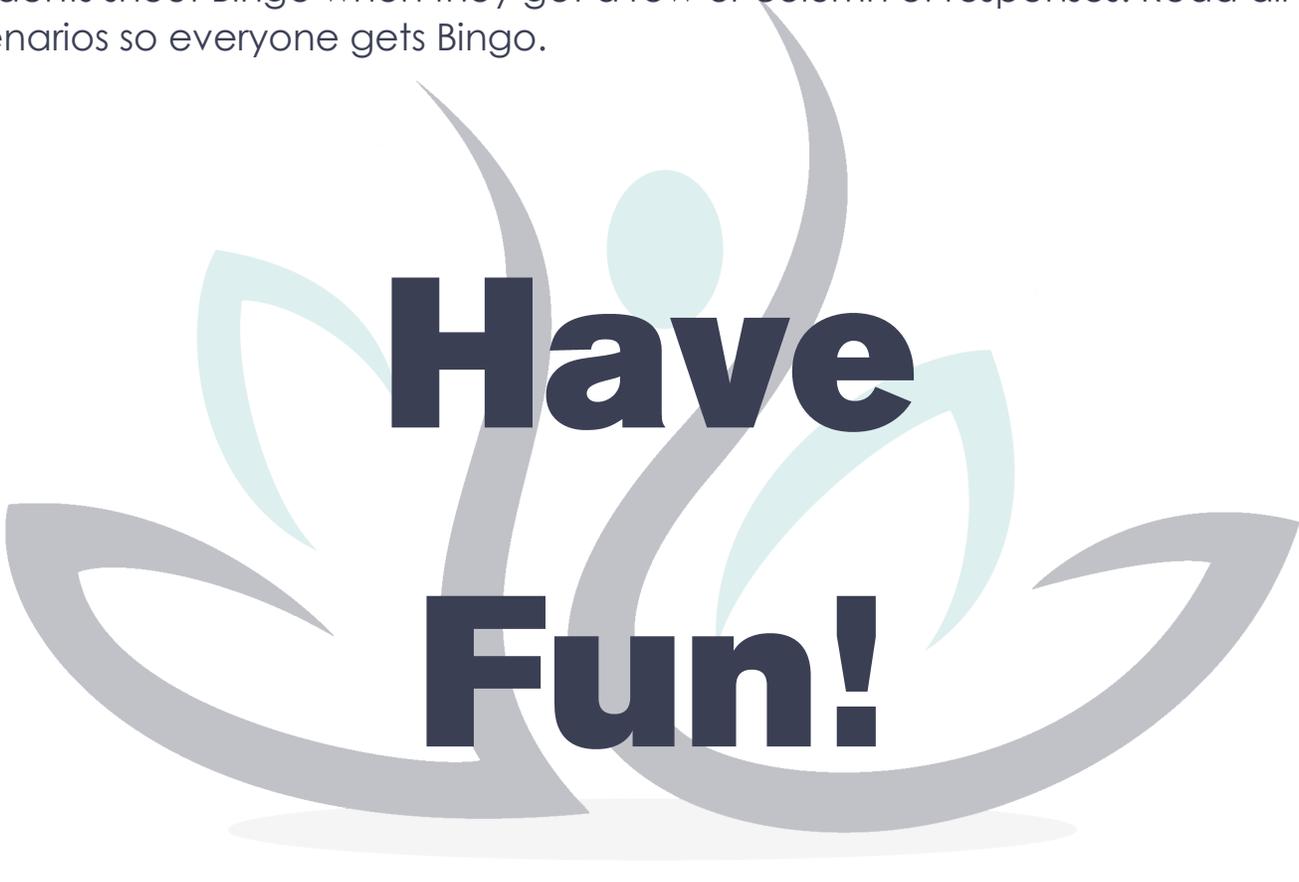
Instructions

Empathy Bingo emphasizes empathic communication skills. In this game, students listen to a problem followed by a reply that exemplifies a certain communication response. It can be played with several participants as with bingo, or it can be played with partners who role play reading the different scenarios.

Supplies

Bingo cards, scenario cards, candy or tokens for filling out Bingo cards.

Provide all players with a bingo card, then either read the scenarios as a conversation or invite another person to read the responses. Students collectively identify the communication response and mark their cards. Students shout Bingo when they get a row or column of responses. Read all scenarios so everyone gets Bingo.



Have

Fun!

Empathy Bingo



Guide

SET 1

Fix it

A: Ugh, I dropped my laptop and now it won't work. I am not sure how I am going to complete my school work.

B: You can borrow my lap top for a couple of days.

One-upping

A: Someone rear-ended me and now my car is totaled.

B: You think your car's a mess? You should have seen what happened when MY car was totaled...

Storytelling

A: I was let go from work the other day. I'm not sure how I am going to find another job.

B: [cutting off speaker] "I got fired once, oh man, it was awful, you won't believe what happened..."

Consoling

A: I'm really feeling worried that I won't pass this class because I scored so poorly on that last exam.

B: Don't worry. You're smart.

Sympathizing

A: I just found out I had a miscarriage.

B: There there. You poor thing. I guess it wasn't meant to be.

Empathy

A: I just found out I had a miscarriage.

B: Oh, I am not sure what to say. I'm all ears though if you need to talk.

Advising

A: I think my boyfriend is cheating on me.

B: You should definitely break up with that guy. He's a total jerk.

Interrogating/Analyzing/Diagnosing

A: I am feeling so stressed out lately. I feel like all I do is stuff for the kids. I can't remember the last time I did something for myself.

B: "When did you first start having these troubles? It sounds like you may have a problem taking care of your own needs. You let other people's needs dominate yours. Why is that?"

Shutting Down

A: Man. I had the worst cold.

B: Well at least your cold didn't turn into the flu. You're actually pretty lucky.

Explaining

A: I'm pretty sad that you can't come to the game with me anymore. I was looking forward to spending time with you.

B: Well, I've just got too much work to do.

Correcting

A: I'm upset that you told Skylar I didn't like her boyfriend.

B: That's not what I said. I said that you thought she could do better.

Educating

A: I'm afraid of getting my test results back.

B: Well, did you know that most results come back negative.

SET 2

Fix it

A: I am totally stuck on this statistics problem. I just don't get it.

B: Here. Let me do it for you.

One-upping

A: Our new puppy got into the garbage and spread it all around the house.

B: That's nothing. When we had our puppy, he got into everything including ripping up our new sofa and chairs.

Storytelling

A: I'm afraid to put myself out there with my opinions. What if people don't like what I have to say?

B: [cutting off speaker] Let me tell you about the time I spoke up. It did not go well.

Consoling

A: I'm feeling down in the dumps today. I'm not sure why.

B: Everyone feels down sometimes. It will pass and you will feel better again soon.

Sympathizing

A: I think my marriage is falling apart.

B: Oh no. At least you can say you were married.

Empathy

A: I am frustrated with our project. I thought you were going to contribute the 2 pages of the assignment before 5 o'clock today.

B: I'm sorry. You have every right to be frustrated with me. I dropped the ball. It probably seems that I am taking the project seriously. What can I do to make it up?

Advising

A: I don't think my professor graded my paper fairly.

B: You know what you should do. You should go to his office hours explaining why you think it was unfair and demand he re-read it.

Interrogating/Analyzing/Diagnosing

A: I think I am getting a cold.

B: Really? When did you start feeling sick? Are you sure? Maybe it's just allergies.

Shutting Down

A: It's been a long day. All I want to do is relax.

B: [Interrupting] Well, not sure that's going to happen. We have to get to the craft store for Andre's project before it closes.

Explaining

A: I am wondering why you didn't come to our meeting about our group project. It was kind of important.

B: I would have come to the meeting but I got caught up at work and then there was traffic and then I couldn't remember where exactly at ASU we were meeting.

Correcting

A: Gosh, I am so upset because it seems like Bella is ignoring me.

B: She isn't ignoring you. She's just really busy right now.

Educating

A: I'm finding it hard to concentrate on my school work right now since I have so much other stuff going on.

B: Most students are working full time jobs and are trying to balance work and school.

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ADVISING

SHUTTING-
DOWN

STORY-TELLING

CORRECTING

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CORRECTING	EDUCATING	ONE-UPPING
EMPATHIZING	CONSOLING	SHUTTING-DOWN

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